

## **Mandatory Safety Meeting – 8:00 am @ Sandpoint High School**

**We will start at approximately 9:00 am**

**All Swimmers must wear their racing swim cap or they will be removed from the water.**

**All swimmers must wear their timing chip or NO TIME WILL BE RECORDED.**

## **Our #1 Goal is *SAFETY* and *FUN!***

**Start: Your time will start in 1 of 2 ways!**

- 1. All swimmers in the water at the start of the race (horn) will be given the “Horn Start Time”.**
- 2. All swimmers who enter the water after the horn will have a “Mat Crossing Start Time”.**

**Starting line:** An imaginary line between the starter with the flag near the point and the starter Kayak. Look for the start flag. This will be the **official start line for all the swimmers that are in the water at the time the horn sounds. If you enter the water after the official start, the moment you cross the mat will be recorded as your start time.**

**Start:** Approximately 30 minutes after the conclusion of the safety meeting we will begin the start sequence. *We will do everything within our power to start the race in a timely manner, so move as quickly as possible to the start line. SAFETY IS OUR PRIMARY CONCERN. Some swimmers may still be on the busses at the start of the race.*

### **Start Sequence:**

- \* 15 minute Warning** on the bull horn
- \* 10 minute Warning** on the bull horn
- \* 3 minute Warning/Yellow flag** goes up (All swimmers need to move behind the start line.)
- \* 1 minute Warning/Yellow flag** comes down
- \* 10 second Countdown** on the bull horn (Join in the fun!)
- \* Start – Green flag** goes up/waves – horn sounds

**Finish Line:** We will **NOT** be doing manual timing. Finish time will be recorded as you exit the water and cross the timing mat.

- 1. All swimmers must cross through the finish chute to have their finish time recorded electronically.**

**After your official time has been recorded proceed out of the chute to meet family and friends. Do not stop moving forward until you are at the end of the chute. Swimmers are coming out behind you. CHIPS ARE DISPOSABLE THIS YEAR!**

***A separate area will be provided for photo opportunities.  
Please DO NOT try to take your posed photos in the finish area.***